

# University of Minnesota Quick HELP Guide

## Sexual Assault, Relationship Violence, Harassment and Stalking

### Seek Medical Assistance

**M Health East Bank**  
Emergency Department  
500 Harvard St SE Mpls, MN

**M Health West Bank**  
Emergency Department  
2312 S. 6th St Mpls, MN

**HCMC**  
Emergency Department  
900 S. 8th St Mpls, MN

### Contact Law Enforcement

#### Emergency 911

**Non-Emergency - On Campus**  
University of Minnesota  
Police Department  
612-624-COPS (2677)

**Non-Emergency - Off Campus**  
*Minneapolis Police Department*  
612-673-3000

*Ramsey County Sheriff's Office* (Falcon Heights addresses)  
651-266-9333

*Saint Paul Police Department*  
651-291-1111

### Seek An Advocate

**Aurora Center**  
24 Hour Helpline  
(612) 626-9111  
117 Appleby Hall  
128 Pleasant St SE  
<http://aurora.umn.edu/>

### Make A Complaint or Consult about UM Policies

**EOT**  
(Equal Opportunity & Title IX)  
(612) 624-9547  
[Resource Guide-Sexual Misconduct and Related Retaliation](#)

### Ask for Accommodations to Address Safety Concerns

**Aurora Center**  
24 Hour Helpline  
(612) 626-9111  
<http://aurora.umn.edu>

**EOT**  
(Equal Opportunity & Title IX)  
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### UM Confidential Resources

**Boynton Mental Health**  
612-624-1444  
(For all clinic appointments)

**Student Counseling Services**  
*Minneapolis*  
Appleby Hall #340  
612-624-3323

*St. Paul*  
Coffey Hall #199  
612-624-3323